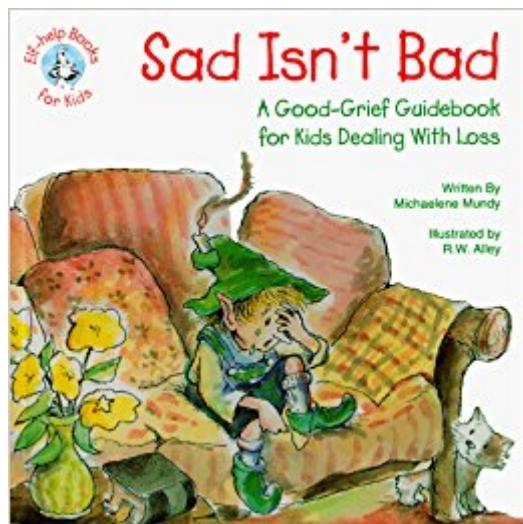


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# **Sad Isn't Bad: A Good-Grief Guidebook For Kids Dealing With Loss (Elf-Help Books For Kids)**



## **Synopsis**

Sad Isn't Bad offers children of all ages a comforting, realistic look at loss--loaded with positive, life-affirming helps for coping with loss as a child. It's a book that promotes honest and healthy grief--and growth.

## **Book Information**

Series: Elf-Help Books for Kids

Paperback: 64 pages

Publisher: Abbey Press; annotated edition edition (October 19, 2006)

Language: English

ISBN-10: 9780870293214

ISBN-13: 978-0870293214

ASIN: 0870293214

Product Dimensions: 8 x 8 x 0.2 inches

Shipping Weight: 6.4 ounces

Average Customer Review: 4.3 out of 5 stars 61 customer reviews

Best Sellers Rank: #106,090 in Books (See Top 100 in Books) #131 in Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Death & Dying #894 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings #5800 in Books > Children's Books > Literature & Fiction

Age Range: 4 - 8 years

Grade Level: 1 - 3

## **Customer Reviews**

Such a great book for children that have lost a parent like my grandchildren did. Sadly, we read it often to understand this journey of loss. I highly recommend this book for children to understand the feelings when loss has taken part in their young lives.

This book includes several passages about God, including one about God giving forgiveness, which is fine for many, but wasn't quite what I was looking for.

Well-crafted summary of the grief process, the book has 14 sections of two to three paragraphs that discuss the various aspects of grief, and the ways people cope with the death of loved ones. Written for a young audience, the material is valuable for all ages. While assuming the concept of life after

death, this book is sensitive to differences in religious belief and practices and provides opportunities for the young reader to think, to ask questions, and to grow. The illustrations are clever and interesting to young children, they support the message in the text. An introductory message to adults who are working with children offers additional insights and ideas for working through grief.

Grief has no time limit and each one processes it differently. Realizing that being sad about losing a loved one or a friend isn't a bad thing. Putting things perspective and allowing each one to deal with it is healthy.

My mother died and I bought some books for my son so that we could read them and talk about his grandmothers death. He thought this book was depressing. Didn't want to read it. Felt it didn't help at all.

Love it.

great book for children when a loved one has died to help them understand what has happened. I bought for my young niece and nephew when their Mom passed away. It helped a lot.

This is a really good book to share with students in the fourth grade through sixth. It provides actions steps for what the child may be feeling and/or thinking due to a loss of someone they care about to death. As an educator, my students found it to be helpful and opened up doors for discussion.

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